



*Today's Suggested  
Topic is...*

**Wake Up**

# ADDICTION

When you become a slave to a substance and are unable to stop without help. The substance takes the brain hostage and the addict has lost the power of choice. THIS IS A DISEASE.



**ADDICTION IS THE  
ONLY DISEASE THAT  
DEMANDS YOUR LIFE  
BEFORE IT KILLS YOU.**

**KEEP THE PLUG IN THE JUG**



# Rethink the Drink

*Alcohol is the  
only addictive  
drug that  
people  
question you  
for NOT using*





**"Alcoholism is lonely. Even when you're surrounded by people, you don't feel the connection."**

# ALCOHOL!



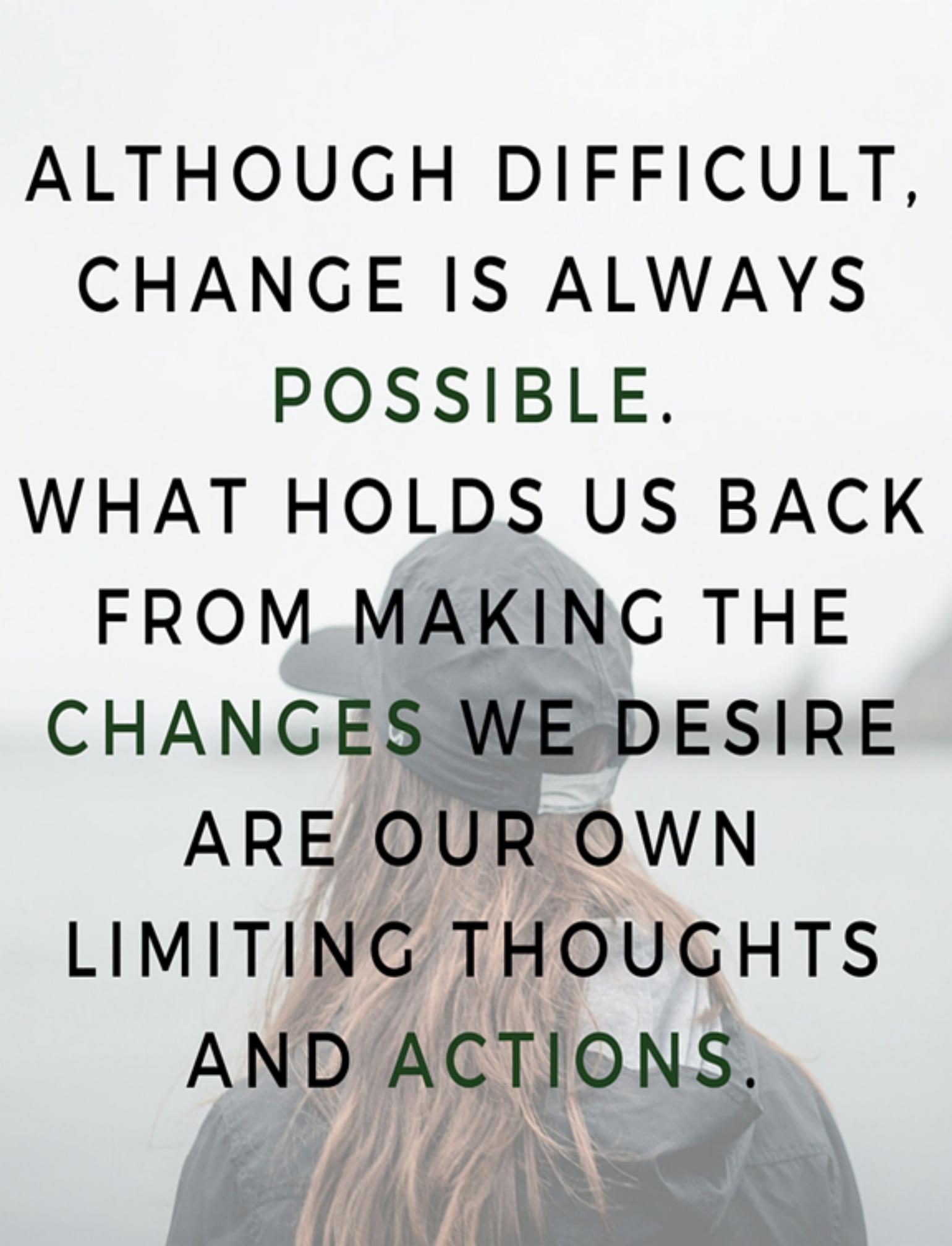
I Only Drink To Make YOU  
More Interesting!

**WANNA FIND OUT  
WHO YOUR TRUE  
FRIENDS ARE ? .....**

**GET SOBER**

ALTHOUGH DIFFICULT,  
CHANGE IS ALWAYS  
POSSIBLE.

WHAT HOLDS US BACK  
FROM MAKING THE  
CHANGES WE DESIRE  
ARE OUR OWN  
LIMITING THOUGHTS  
AND ACTIONS.



IT'S NOT THAT SOME  
PEOPLE HAVE  
WILLPOWER AND SOME  
DON'T.

IT'S THAT SOME PEOPLE  
ARE READY TO CHANGE  
AND OTHERS ARE NOT.

The goal isn't to be sober.

The goal is to love  
yourself so much that you  
don't need to drink.

LOVE YOURSELF  
FIRST BECAUSE  
THAT'S WHO YOU'LL  
BE SPENDING THE  
REST OF YOUR  
LIFE WITH

**RECOVERY DOES NOT MAKE FALSE PROMISES**

**ADDICTION DOES**

**RECOVERY DOES NOT CENTER ON ABUSIVE RELATIONSHIPS**

**ADDICTION DOES**

**RECOVERY DOES NOT STRENGTHEN THROUGH FEAR & ANGER**

**ADDICTION DOES**

**RECOVERY DOES NOT ISOLATE**

**ADDICTION DOES**

**RECOVERY DOES NOT ENCOURAGE RISKY BEHAVIORS**

**Changing  
the Past is  
Impossible.  
Creating a  
Future  
Starts Now.**





Wake up

and live.